“Year of the Centennial of the Political Constitution of the United Mexican States”

TRAVEL RECOMMENDATIONS BY THE VECTOR-BORNE DISEASE TRANSMISSIONS PROGRAM BEFORE THE 48TH CONFERENCE OF THE JOINT TASK FORCE AGAINST TUBERCULOSIS, GUADALAJARA, JALISCO, MEXICO

Faced with the presence of cases of infection with the Zika virus, the Secretary of Health of the Federal Government and the Secretary of Health in the state of Jalisco have issued some considerations for persons travelling to zones of transmission, including the following:

What measures must be taken to avoid being bitten by mosquitoes and prevent infection by the Zika virus?

To avoid being bitten by mosquitoes, we recommend that both people who live in areas where there have been cases and travelers:
- Cover exposed skin with long-sleeved shirts, long pants and hats.
- Use repellents based on DEET * PICARDIN * IR3535 * LEMON EUCALYPTUS OIL * PMD (Para-Menthane-Diol) and apply as indicated on the labels
- Sleep in closed rooms with air filtering or air conditioning or even use mosquito netting.

What are the recommendations for pregnant women?

The PAHO/WHO do not recommend any travel restrictions in areas related to Zika outbreaks. However, pregnant women in particular are advised NOT to travel to areas where there are ongoing transmissions. If they cannot postpone their travel, they are recommended to follow the recommendations issued for the general population in order to decrease the risk of infection.

Control Measures in Place

The Vector-Borne Disease Transmission program in the state of Jalisco has implemented ongoing measures to eliminate breeding and vector control in their immature and adult phases, in conjunction with the Hotel Association of Jalisco, to guarantee the health of tourists of the state.
For more information, please consult the following sites:

- https://www.gob.mx/salud/acciones-y-programas/medidas-practicas-para-prevenir-la-picadura-de-mosquitos